



8th Annual Great Lakes Area Contact Improvisation Enthusiasts Retreat September 18-23, 2009

**NEW
3-DAY OPTION
AVAILABLE!**

At the Christine Center in Willard, WI

The Christine Center, located in central Wisconsin, is a tranquil, spiritual retreat center on 120 acres of wooded land. The accommodations include guest house rooms, woodland cabins, and camping accompanied by wholesome vegetarian meals served in a central dining room. Other amenities include: sauna, hiking trails, and beautiful dance space, which is wheelchair accessible along with the main facility. Families are welcome and child care options are available. More information about the center, including a map and driving directions, can be found at: www.christinecenter.org.

About the Teaching Team

Dustin Haug: Dustin Haug started practicing contact improvisation in high school when he would smash himself around in mosh pits at rock concerts. His current interests include contact as performance, strategies for shifting out of habit, and dynamic physicality with strength through structure.

Holly Jaycox: Holly has been dancing since she was a child, and while it seems like but a moment, has been involved in Contact Improv for almost 15 years. She enjoys sharing her explorations of the form with others.

Bobby Kokott: Bobby Kokott senses that everything is a metaphor for everything else, and has been exploring movement and awareness a wide variety of ways for 20 years.

Tom Thoreson: Tom Thoreson (MKE) has been a dancer, teacher & coach, choreographer and artistic director (among other things) for 30 years. He's been doing CI for 22 of those years - it's his movement form of choice.

Tamin Totzke: Tamin lives, works, teaches CI and co-creates with her partner Dustin Haug. She co-directs, along with Dustin, a contemporary dance company called Vessel Performance which is based in Minneapolis, MN.

About the retreat

Evolution - Performance - Healing - Geometry - Surprise

Choose a path. Choose a time. Choose a practice. Play a role in its evolution.

Choose GLACIER 2009... to dance and to become the dance ...to see and be seen...as dancer, performer, witness, watcher, community fellow and jammer extraordinaire. Choose to view both yourself and others through a variety of lenses – the dancer/ecologist, artist/activist, hermit/socialite, and performer in multiple genres. View the world, both inner and outer, from that most perfect place on the planet, made so by the joining together of our Midwestern CI tribe.

We will take our sweet time to unroll, unwind and unfold into our authentic selves as we each explore evolutions of movement with other like-minded movers. We will lie down with leisure and intention, crawl with cranial and sacral curiosity, and our sitting will be profound, active and alive. And when we stand, walk, run and fly, we will loft to new levels of delight.

Find the retreat you didn't expect to have. Allow for surprise encounters on and off the dance floor - engage, make contact, live, transform yourself, dance.



Schedule: Arrival on Friday evening, September 18 (bring something to contribute to a potluck dinner).

	7:00–8:00	8:30–9:30	9:30–12:30	12:30–1:30	1:30–3:00	3:00–6:00	6:00–7:00	7:00–7:30	7:30 and beyond
9/19 Saturday	Contemplative Practice	Breakfast	JAM & Opening Circle	Lunch	Free time	Guided Class / JAM	Supper	Free time	Evening activities
9/20 Sunday			Guided Class/JAM		Structured activity into closing ceremony. At 4:30 pm: weekenders depart / open studio for those who are staying.	Arrival of 3-day participants, free time followed by evening activities			
9/21 Monday			Guided Class/JAM		Free time	Guided Class / JAM		Free time	Evening activities
9/22 Tuesday			JAM		Free time	Guided Class / JAM			Guided Class/JAM
9/23 Wednesday			Guided Activities/ Closing Circle		Departures				

Accommodation/Participation Options

Please note: this indicates preference only and is subject to availability (register early!).	Camping-full meal plan Use central bathhouse. Bring your own camping gear & towels.	Indoor housing-full meal plan Guesthouse, shared modern cabin with kitchenette & bath or shared rustic cabin, use central bathhouse.
Weekend Includes Friday evening arrival (potluck dinner), all day Saturday, and Sunday until 4pm.	\$160	\$190
3-Day option Sunday evening arrival (post dinner), through Wednesday.	\$240	\$280
Whole Enchilada (5 Days) Includes Friday evening arrival (potluck dinner), plus Saturday through Wednesday.	\$355	\$430

Please indicate on your registration if your diet requires special needs or restrictions. If you would like to provide your own meals, please contact Charles Campbell for rates. Cabins include coffee, tea, bed linens, and towels. Bring your own flashlight, fan, and alarm clock as needed. Sorry, pets are not permitted. The Christine Center rents out camping equipment for \$25 per night. Participants are welcome to bring musical instruments for informal music jams.

Registration Deadline: August 20, 2009 (must be postmarked by this date)

Please mail your registration and non-refundable deposit check to Charles Campbell at the address below. Madison registrations can be turned in to Megan Brown, megancbrown@hotmail.com, 608-347-9501 (Registrations postmarked after August 20 will incur a \$25 late fee).

\$150 (for 5-day event)

\$100 (for 3-day event)

\$75 deposit (for weekend only)

Questions about financial assistance can be directed to Charles Campbell.

Charles Campbell – cfcdance@hotmail.com, 8020 Woodstone Ct., Sebastopol, CA 95472, 707-490-4877

----- PLEASE CUT HERE -----

Accommodation/Participation Options

- 1 Weekend Three day option Whole Enchilada (5 Days)
- 2 Camping Indoor housing

A) Check your preferences above and enter fee _____

B) Enter deposit amount enclosed with registration form _____

C) Balance due upon arrival (Subtract B from A) _____

NOTE: Please add \$25 late fee if registering after August 20th.

Make check payable to Fluid Measure Performance Company - Turn in non-refundable deposit check and this registration form to Megan Brown, or Charles Campbell (see address above)

Name:
Address:
City/State/Zip:
Phone:
E-mail:
Dietary restrictions:
Other special needs:

